



IF YOU HAVE AN EMERGENCY OR AN URGENT ENQUIRY, PLEASE DO NOT TEXT US, IT MAY NOT BE ANSWERED IMMEDIATELY. PLEASE CALL, ALL CALLS WILL BE ANSWERED.

Phone Numbers

Marie Chopin-McCarthy

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Web site

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Email

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WHEN TO CONTACT YOUR MIDWIFE

IN PREGNANCY

- If you have any bleeding.
- If you think your waters have broken.
- If you have decreased fetal movements, please contact us immediately. **DO NOT** leave it until the next day.
- If you have regular painful tightening's/contractions before your due date.
- If you have any headaches or see flashing lights in front of your eyes.
- If you have any pain.
- If you have any itching over your body.
- If you think you have a bladder or kidney infection.
- If you have been in contact with any infectious disease eg., chicken pox, measles, slap cheek, mumps, rubella (German measles), Tuberculosis.
- If you have any concerns.

IN LABOUR

- If you are having regular contractions.
- As soon as your waters have broken, even if you have no contractions.
- If you have any bleeding.

AFTER YOU HAVE HAD YOUR BABY

- If your bleeding suddenly becomes heavy again.
- If your blood loss becomes offensive smelling.
- If you think you have a temperature or feel unwell.
- If you think your baby is unwell.
- If your baby is not feeding.